

ajjhupekkhati

to take care,
look with care

asampajānassa

not + thorough
understanding

assāsapassāsā

inhalation +
exhalation

bhāvanānuyogamanuyuttā

pointed out,
prepared,
appointed

kāyaññatarāhaṃ

body + a certain,
another + I

manasikāraṃ

consideration,
attending to,
fixing one's mind

mutṭhassatissa

forgotten +
awareness

vedanāññatarāhaṃ

sensation + a
certain, another +
I