

Exploring the Ancient Path in the Buddha's Own Words Lesson 3.8.1



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Vibhaṅgasuttaṃ-8

... Katamā ca, bhikkhave, sammāsati? Idha, bhikkhave, bhikkhu kāye kāyānupassī viharati ātāpī sampajāno satimā, vineyya loke abhijjhādomanassaṃ; vedanāsu vedanānupassī viharati ātāpī sampajāno satimā, vineyya loke abhijjhādomanassaṃ; citte cittānupassī viharati ātāpī sampajāno satimā, vineyya loke abhijjhādomanassaṃ; dhammesu dhammānupassī viharati ātāpī sampajāno satimā, vineyya loke abhijjhādomanassaṃ– ayaṃ vuccati, bhikkhave, sammāsati.

Saṃyuttanikāyo, Mahāvaggo, Maggasaṃyuttaṃ, Avijjāvaggo

abhijjhādomanassaṃ
cittānupassī
dhammānupassī
kāyānupassī
vedanānupassī
vineyya

abhijjhā + domanassa
citta + anu + passī
dhamma + anu + passī
kāya + anu + passī
vedanā + anu + passī
vineti (ger.)

covetousness + discontent, distress
mind + observing
dhamma (states) + observing
body + observing
sensation + observing
giving up, putting away
