

Exploring the Ancient Path in the Buddha's Own Words

Lesson 3.8.0

Samādhisuttaṃ

The entire Teaching in one Verse



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<i>Samādhisuttaṃ</i>	The entire Teaching in one Verse
“Tisso imā, bhikkhave, vedanā. Katamā tisso?	There are, Bhikkhus, three kind of sensations. And what are these three kinds?
Sukhā vedanā, dukkhā vedanā, adukkhamasukhā vedanā – imā kho, bhikkhave, tisso vedanāti.	There are pleasant sensations, unpleasant sensations, and neutral, neither-unpleasant-nor-pleasant sensations. These, Bhikkhus, are the three kind of sensations.
<i>“Samāhito sampajāno, sato buddhassa sāvako;</i>	Concentrated, with constant thorough understanding of impermanence, And fully aware, thus the disciple of the Buddha,
<i>vedanā ca pajānāti, vedanānañca sambhavaṃ.</i>	Understands properly the sensations, the origin of their arising,
<i>yattha cetā nirujjhanti, maggāñca khayagāminam;</i>	And how they cease and on this base - the path to their termination.
<i>vedanānaṃ khayā bhikkhu, nicchāto parinibbuto”ti.</i>	With the annihilation of the sensations, One attains freedom from all desire and ultimate peace.