

Exploring the Ancient Path in the Buddha's Own Words

Lesson 3.7.10

Soņakoļivisavatthu

Balanced Endeavour should Resemble Strings of a Veena properly Tuned



Balanced Endeavour should Resemble Strings Soņakoļivisavatthu of a Veena properly TunedAddasā kho bhagavā āyasmato When the Bhagavā saw that the cloister soņassa cankamam lohitena phutam, disvāna of Venerable Sona's walking path was stained bhikkhū āmantesiwith blood he addressed the Bhikkhus: "kassa nvāyam, bhikkhave, cankamo "Now why, Bhikkus, is this walkway lohitena phuto, seyyathāpi gavāghātanan"ti? stained with blood, just as there had been a slaughter of cattle?" "Āyasmato, bhante, sonassa "The Venerable Sona, O' Bhante, in his accāraddhavīriyassa cankamato pādā strenuous efforts while walking up and down bhijjimsu. damaged his feet. That is why this cloister is Tassāyam cankamo lohitena phuto, seyyathāpi stained with blood, just as there had been a gavāghātanan"ti. slaughter of cattle." Atha kho bhagavā yenāyasmato Then the Bhagavā approached the sonassa vihāro tenupasankami, upasankamitvā dwelling place of Venerable Sona. Having paññatte āsane nisīdi. reached there he sat down at the appointed seat. Āyasmāpi kho soņo bhagavantam Thereupon the Venerable Sona greeted the Bhagavā respectfully and sat down at one abhivādetvā ekamantam nisīdi. Ekamantam nisinnam kho side. Having sat down at one side the Bhagavā āyasmantam soņam bhagavā etadavocaaddressed the Venerable Sona thus:

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"nanu te, soņa, rahogatassa pațisallīnassa evam cetaso parivitakko udapādi—

'ye kho keci bhagavato sāvakā āraddhavīriyā viharanti, aham tesam aññataro. Atha ca pana me nānupādāya āsavehi cittam vimuccati.

Samvijjanti kho pana me kule bhogā; sakkā bhoge ca bhuñjitum, puññāni ca kātum.

Yamnūnāham hīnāyāvattitvā bhoge ca bhuñjeyyam, puññāni ca kareyyan'"ti? "Evam, bhante"ti.

"Tam kim maññasi, sona, kusalo tvam pubbe agārikabhūto vīnāya tantissare"ti?

"Evam, bhante"ti.

"Tam kim maññasi, soṇa, yadā te vīņāya tantiyo accāyatā honti, api nu te vīņā tasmim samaye saravatī vā hoti, kammaññā vā"ti?

"No hetam, bhante"ti.

"How is it, Sona that during your solitary meditation the following thought arouse in your mind: 'Those who are the disciples of the Bhagavā are putting forth strenuous efforts, I belong to them. But yet my mind is not freed from the impurities and tendency to cling to this world.

Further there do exist those possessions of my family. It would be possible to enjoy these possessions and perform meritorious actions.

What if I return to the worldly life and enjoy these possessions and perform meritorious actions?" "Yes, so it was, Bhante!"

"Now what do you think, Soņa, were you not in your former life as householder well versed in playing the sound of the Veeņa?" "Yes, so it was, Bhante!"

"Now what do you think, Soņa, when the strings of your Veeņa were too tight, did your Veeņa at this time resonate with appealing sounds and was it fit for playing?" "No, it was not, Bhante!"



"Tam kim maññasi, soṇa, yadā te vīṇāya tantiyo atisithilā honti, api nu te vīṇā tasmim samaye saravatī vā hoti, kammaññā vā"ti?

"No hetam, bhante"ti.

"Taṃ kiṃ maññasi, soṇa, yadā te vīṇāya tantiyo neva accāyatā honti nātisithilā, same guṇe patițțhitā, api nu te vīṇā tasmiṃ samaye saravatī vā hoti, kammaññā vā"ti?

"Evam, bhante"ti.

" E v a m e v a k h o, s o ņ a, accāraddhavīriyam uddhaccāya samvattati, atilīnavīriyam kosajjāya samvattati.

Tasmātiha tvam, soņa, vīriyasamatam adhiţthaha, indriyānañca samatam paţivijjha, tattha ca nimittam gaņhāhī"ti. "Now what do you think, Soṇa, when the strings of your Veeṇa were too loose, did your Veeṇa at this time resonate appealingly and was it fit for playing?" "No, it was not, Bhante!"

"Now what do you think, Soņa, when the strings of your Veeņa were neither too tight nor too loose, but tuned evenly, did your Veeņa at this time resonate appealingly and was it fit for playing?" "Yes, it was, Bhante!"

Now in this very way, Sona, putting forth too strenuous energy is conducive to restlessness, if energy is being put forth too sluggish it is conducive to slothfulness. Therefore, Sona, you should determine on exerting your energy evenly, likewise mastering the faculties evenly and taking up a meditative object!



"Evam, bhante"ti kho āyasmā soņo bhagavato paccassosi.

Atha kho bhagavā āyasmantam soņam iminā ovādena ovaditvā– seyyathāpi nāma balavā puriso samminjitam vā bāham pasāreyya, pasāritam vā bāham saminjeyya evameva– sītavane āyasmato soņassa sammukhe antarahito gijjhakūte pabbate pāturahosi.

Atha kho āyasmā soņo aparena samayena vīriyasamatam adhiţţhāsi, indriyānañca samatam paţivijjhi, tattha ca nimittam aggahesi.

Atha kho āyasmā soņo, eko vūpakattho appamatto ātāpī pahitatto viharanto, na cirasseva –yassatthāya kulaputtā sammadeva agārasmā anagāriyam pabbajanti– tadanuttaram brahmacariyapariyosānam dittheva dhamme sayam abhiññā sacchikatvā upasampajja vihāsi.

'Khīņā jāti, vusitam brahmacariyam, katam karanīyam, nāparam itthattāyā'ti abhiññāsi.

Aññataro ca panāyasmā soņo arahatam ahosi...... "Yes, Bhante!" replied the Venerable Sona to the Bhagavā.

Then, having thus advised the Venerable Sona with this exhortation the Bhagavā just as a strong man might stretch out his bent arm or bent back his outstretched arm returned from the cool grove of the Venerable Sona to the Vultures hill of Gijjhakūțe.

From then on the Venerable Sona resolved on exerting his efforts evenly, mastering the faculties evenly and taking up a meditative object.

There the Venerable Sona dwelled alone and secluded, diligent, ardent with resolute will.

After no long time he realised the supreme fulfilment of the holy life, for the purpose of which many a householder's son leave the householders life into homelessness by his own wisdom in this very life, abided in it and dwelled in it:

"Destroyed is birth, the holy life is fulfilled, it is done what had to be done, there is no more state of becoming!"

This is how the Venerable Sona became one of the Arahants.