

Exploring the Ancient Path in the Buddha's Own Words

Lesson 3.6.7 Dīghajāņusuttaṃ Earning one's Bread honestly by the Sweat of one's Brow



Dīghajāņusuttam -

Ekam samayam bhagavā koliyesu viharati kakkarapattam nāma koliyānam nigamo. Atha kho dīghajānu koliyaputto yena bhagavā tenupasankami; upasankamitvā bhagavantam abhivādetvā ekamantam nisīdi. Ekamantam nisinno kho dīghajānu koliyaputto bhagavantam etadayoca —

''mayam, bhante, gihī
kāmabhogino puttasambādhasayanam
ajjhāvasāma, kāsikacandanam
paccanubhoma, mālāgandhavilepanam
dhārayāma, jātarūparajatam sādayāma.
Tesam no, bhante, bhagavā amhākam tathā
dhammam desetu ye amhākam assu
dhammā diṭṭhadhammahitāya
diṭṭhadhammasukhāya, samparāyahitāya
samparāyasukhāyā''ti.

Earning one's Bread honestly by the Sweat of one's Brow

At one time the Bhagavā was dwelling amongst the Koliyan at the Koliyān-area near a town named Kakkarapattam. There a young Kolian by the name of Dīghajānu approached the Bhagavā, having approached he greeted the Bhagavā respectfully and sat down at one side. Having sat down at one side Dīghajānu, the young Kolian adressed the Bhagavā:

"We are, Bhante, householders, living a life of enjoyment in sensual pleasures, being engaged with family responsibilities, are enjoying sandalwood from Kāsi, are adorning ourselves with garlands, scents and perfumes and receive gold and silver. May, O'Bhante, the Bhagavā teach the Dhamma to us for our welfare and happiness in this very life and for our welfare and happiness in the next life!"



"Cattārome, byagghapajja,	"There are four constituents,
dhammā kulaputtassa diṭṭhadhammahitāya	Byagghapajja, that lead to the welfare and
saṃvattanti diṭṭhadhammasukhāya.	happiness of a clansman in this very life.
Katame cattāro?	What are the four?
Uṭṭhānasampadā,	They are: accomplishment of
ārakkhasampadā,	unwavering effort, accomplishment of
kalyāṇamittatā,	vigilance, upholding beneficial friendship and
samajīvitā.	leading a balanced livelihood.
Katamā ca, byagghapajja,	What is accomplishment of steadfast
uṭṭhānasampadā?	effort?
Idha, byagghapajja, kulaputto yena	Here, Byagghapajja, in which ever way
kammaṭṭhānena jīvikaṃ kappeti – yadi	a clansman earns his living, whether by
kasiyā, yadi vaṇijjāya, yadi gorakkhena,	farming, by trading, by rearing cattle, by
yadi issattena, yadi rājaporisena, yadi	archery, by employment under the king, or by
sippaññatarena – tattha dakkho hoti	any other kind of craft — he performs these
analaso,	skillful and diligently. Established in the
tatrupāyāya vīmaṃsāya	ability to discriminate proper methods he
samannāgato, alaṃ kātuṃ alaṃ	fulfills and arranges his duties.
saṃvidhātuṃ.	This, Byagghapajja is called the
Ayam vuccati, byagghapajja,	accomplishment of steadfast effort.
uṭṭhānasampadā.	
Katamā ca, byagghapajja,	What is the accomplishment of
ārakkhasampadā?	vigilance?
Idha, byagghapajja, kulaputtassa	Here, Byagghapajja, whatsoever
bhogā honti	wealth a householder possesses, having
uṭṭhānavīriyādhigatā	obtained it by his vigorous effort, collected by
bāhābalaparicitā, sedāvakkhittā,	the strength of his arm, by the sweat of his



Te ārakkhena guttiyā sampādeti – 'kinti me ime bhoge neva rājāno hareyyum, na corā hareyyum, na aggi ḍaheyya, na udakam vaheyya, na appiyā

na udakam vaheyya, na appiy dāyādā hareyyu'nti! Ayam vuccati, byagghapajja, ārakkhasampadā.

dhammikā dhammaladdhā.

brow, honest and acquired by righteous means

that he protects well by guarding and watching it:

'May neither kings seize it, thieves not steal it, fire not damage it, nor water drown it, nor do inimical heirs remove it.

This, Byagghapajja is the accomplishment of vigilance.

Katamā ca, byagghapajja, kalvānamittatā?

kalyāṇamittatā?
Idha, byagghapajja, kulaputto
yasmiṃ gāme vā nigame vā paṭivasati,
tattha ye te honti — gahapatī vā
gahapatiputtā vā daharā vā vuddhasīlino,
vuddhā vā vuddhasīlino, saddhāsampannā,
sīlasampannā, cāgasampannā,
paññāsampannā — tehi saddhiṃ
santiṭṭhati sallapati sākacchaṃ samāpajjati;
yathārūpānaṃ saddhāsampannānaṃ
saddhāsampadaṃ anusikkhati,
yathārūpānaṃ sīlasampannānaṃ
sīlasampadaṃ anusikkhati, yathārūpānaṃ
cāgasampannānaṃ cāgasampadaṃ

anusikkhati, yathārūpānam

paññāsampannānam paññāsampadam

What is upholding beneficial friendship?

Here, Byagghapajja, in whatsoever village or town a householder may dwell, with whatever householders or their sons, either young and well established in morality or old and well established in morality, established in faith, established in sīla, generous and established in pañña – with those he associates, communicates and discusses.

He tries to match with the saddhā of the faithful, with the sīla of the virtuous, with the cāga of the generous and



anusikkhati. Ayam vuccati, byagghapajja,	with the pañña of the wise.
kalyāṇamittatā.	
	This, Byagghapajja, is called upholding
	beneficial friendship.
Katamā ca, byagghapajja,	What is a balanced livelihood?
samajīvitā?	
Idha, byagghapajja, kulaputto	Here, Byagghapajja, a clansman
āyañca bhogānam viditvā, vayañca	knowing his income and his expenses fully
bhogānam viditvā, samam jīvikam kappeti	well he leads a balanced life, neither living in
nāccogāļhaṃ nātihīnaṃ –	excess nor niggardly, by thinking:
'evaṃ me āyo vayaṃ pariyādāya	'Thus my income will maintain excess
thassati, na ca me vayo āyam pariyādāya	over my expenses and my expenses will not
ṭhassatī'ti.	exceed my income'.
Seyyathāpi, byagghapajja,	It is just like, Byagghapajja, an
tulādhāro vā tulādhārantevāsī vā	appraiser or an appraiser's apprentice when
tulam paggahetvā jānāti — 'ettakena vā	holding a scale knows very well: 'By that
oṇatam, ettakena vā unnata'nti; evamevam	much it is bending down, by that much it is
kho, byagghapajja, kulaputto āyañca	moving up',
bhogānam viditvā, vayañca bhogānam	in the same way a clansman knowing
viditvā, samam jīvikam kappeti	his income and his expenses fully well leads a
nāccogāļham nātihīnam – 'evam me āyo	balanced life, neither living in excess nor
vayaṃ pariyādāya ṭhassati,	niggardly, by thinking: 'Thus my income will
na ca me vayo āyam pariyādāya	maintain excess over my expenses and my
ṭhassatīʾti.	expenses will not exceed my income'.
Sacāyam, byagghapajja, kulaputto	If this clansman, Byagghapajja, leads a
appāyo samāno uļāram jīvikam kappeti,	life in excess, one will say about him:



tassa bhavanti vattāro —

'udumbarakhādīvāyam kulaputto bhoge
khādatī'ti.

Sace panāyam, byagghapajja, kulaputto mahāyo samāno kasiram jīvikam kappeti, tassa bhavanti vattāro — 'ajeṭṭhamaraṇaṃvāyaṃ kulaputto marissatī'ti.

Yato ca khoyam, byagghapajja, kulaputto āyañca bhogānam viditvā, vayañca bhogānam viditvā, samam jīvikam kappeti nāccogāļham nātihīnam — 'evam me āyo vayam pariyādāya ṭhassatī, na ca me vayo āyam pariyādāya ṭhassatī'ti.

Ayam vuccati, byagghapajja, samajīvitā.

Evam samuppannānam,
byagghapajja, bhogānam
cattāri apāyamukhāni honti —
itthidhutto,
surādhutto,
akkhadhutto,
pāpamitto
pāpasahāyo pāpasampavanko.

Seyyathāpi, byagghapajja, mahato taļākassa cattāri ceva āyamukhāni, cattāri ca apāyamukhāni. Tassa puriso yāni ceva āyamukhāni tāni pidaheyya, yāni ca

'This clansman eats up his wealth like an eater of figs'.

If he leads a life too miserly, one will say about him:

'This clansman starves himself to death'.

Therefore, Byagghapajja, a clansman knowing his income and his expenses leads a balanced life, neither living in excess nor niggardly, thinking: 'Thus my income will stand in excess of my expenses and my expenses will not exceed my income.'

This is what is called, Byagghapajja, leading a balanced livelihood.

Likewise, Byagghapajja, wealth that has been accumulated has four sources of corruption. These are:
being obsessed with women; getting addicted to drinking; getting addicted to gambling and upholding evil friendship, maintaining corrupt company and endorsing unwholesome comradeship.

It is just like a large water-reservoir which has four inlets and four outlets.

A man would block the inlets but open the outlets,



apāyamukhāni tāni vivareyya; devo ca na and sufficient rains were not supplied. sammā dhāram anuppaveccheyya. In the same way, Byagghapajja, that Evañhi tassa, byagghapajja, mahato one can expect that large water-reservoir to taļākassa parihāniyeva pāţikankhā, no decrease and not to increase. vuddhi; evamevam, byagghapajja, evam likewise wealth that has been samuppannānam bhogānam cattāri accumulated has four sources of corruption: apāyamukhāni honti -itthidhutto, being obsessed with women; surādhutto, getting to drinking; getting addicted to gambling and akkhadhutto, upholding evil friendship, maintaining pāpamitto pāpasahāyo pāpasampavanko. bad company and endorsing unwholesome comradeship. Evam samuppannānam, Likewise, Byagghapajja, wealth that byagghapajja, bhogānam cattāri has been accumulated has four sources of āyamukhāni honti increase Evam samuppannānam, These are: avoiding womanizing; byagghapajja, bhogānam cattāri avoiding drinking; avoiding gambling and āyamukhāni honti – na itthidhutto, na upholding supportive friendship, maintaining surādhutto, na akkhadhutto, kalyāṇamitto good company and endorsing wholesome kalyāṇasahāyo kalyāṇasampavanko. comradeship. Seyyathāpi, byagghapajja, mahato It is just like a large water-reservoir talākassa cattāri ceva āyamukhāni, cattāri which has four inlets and four outlets. ca apāyamukhāni. Tassa puriso yāni ceva āyamukhāni A man would open the inlets but block tāni vivareyya, yāni ca apāyamukhāni tāni the outlets, and sufficient rains were supplied. pidaheyya; devo ca sammā dhāram anuppaveccheyya. In the same way, Byagghapajja, that Evañhi tassa, byagghapajja, mahato one can expect the large water-reservoir to



taļākassa vuddhiyeva pāṭikankhā, no	increase and not to decrease, likewise wealth
parihāni; evamevam kho, byagghapajja,	that has been accumulated has four sources of
evam samuppannānam bhogānam cattāri	increase: avoiding womanizing; avoiding
āyamukhāni honti – na itthidhutto, na	drinking; avoiding gambling and upholding
surādhutto, na akkhadhutto, kalyāṇamitto	good friendship, maintaining good company
kalyāṇasahāyo kalyāṇasampavaṅko.	and endorsing wholesome comradeship.
Ime kho, byagghapajja, cattāro	These are the four things,
dhammā kulaputtassa diṭṭhadhammahitāya	Byagghapajja, if developed by a clansman lead
saṃvattanti diṭṭhadhammasukhāya.	to welfare in this very life and lead to
	happiness in this very life.
Cattārome, byagghapajja, dhammā	There are four further qualities,
kulaputtassa samparāyahitāya saṃvattanti	Byagghapajja, that if developed by a clansman
samparāyasukhāya.	lead to wellfare in the next life and lead to
	happiness in the next life.
Katame cattāro?	What are the four?
Saddhāsampadā, sīlasampadā,	They are accomplishment in saddhā,
cāgasampadā,	accomplishment in sīla, accomplishment in
paññāsampadā.	cāga and accomplishment in pañña.
Katamā ca, byagghapajja,	And what, Byagghapajja, is
saddhāsampadā?	accomplishment in saddhā?
Idha, byagghapajja, kulaputto	Here, Byagghapajja, a clansman
saddho hoti,	upholds full faith. He is devotedly endowed in
saddahati tathāgatassa bodhim –	the faith of the Buddha's enlightenment thus:
ʻitipi so bhagavā	'Such truly is he, the Bhagavā, freed
arahaṃ sammāsambuddho	from impurities, having destroyed all mental
vijjācaraņasampanno sugato	defilements, fully enlightened by his own
lokavidū	efforts, perfect in theory and in practice,



anuttaro purisadammasārathi	having reached the final goal, knower of the
satthā devamanussānaṃ	entire universe, incomparable trainer of men,
buddho bhagavā'ti.	teacher of gods and humans, the Buddha, the
	Blessed One'.
Ayam vuccati, byagghapajja,	This, Byagghapajja, is called:
saddhāsampadā.	Accomplishment in saddhā.
Katamā ca, byagghapajja,	And what, Byagghapajja, is
sīlasampadā?	accomplishment in sīla?
	Here, Byagghapajja, a clansman having
Idha, byagghapajja, kulaputto	abandoned killing, lives a life abstaining from
pāṇātipātā paṭivirato hoti,	the destruction of life. Having abandoned
adinnādānā paţivirato hoti,	taking what is not given he lives a life
	abstaining from what is not given. Having
kāmesumicchācārā paṭivirato hoti,	abandoned sexual misconduct he lives a life
	abstaining from sexual misconduct. Having
musāvādā paţivirato hoti,	abandoned false speech he lives a life
surāmerayamajjapamādaṭṭhānā	abstaining from lying. Having abandoned
paţivirato hoti.	drinking liquor, wine or other besotting drink
	that cause negligence he lives a life abstaining
	from liquor, wine or other besotting drink as
Ayam vuccati, byagghapajja,	opportunity for heedlessness.
sīlasampadā.	That, Byagghapajja, is what is called
	accomplishment in sīla.
Katamā ca, byagghapajja,	And what, Byagghapajja, is
cāgasampadā?	accomplishment in cāga?
Idha, byagghapajja, kulaputto	Here, Byagghapajja, a clansman lives
vigatamalamaccherena cetasā agāram	in a house with his mind freed from the stain



ajjhāvasati muttacāgo payatapāņi	of stinginess, freely generous, openhanded,
vossaggarato yācayogo	taking pleasure in giving, devoted to charity
dānasaṃvibhāgarato.	and joyfully sharing and donating.
Ayam vuccati, byagghapajja,	That, Byagghapajja, is what is called
cāgasampadā.	accomplishment in in cāga.
Katamā ca, byagghapajja,	And what, Byagghapajja, is
paññāsampadā?	accomplishment in pañña?
Idha, byagghapajja, kulaputto	Here, Byagghapajja, a clansman has
paññavā hoti, udayatthagāminiyā paññāya	wisdom; he is endowed with the wisdom
samannāgato ariyāya nibbedhikāya sammā	related to arising and passing, which is noble,
dukkhakkhayagāminiyā.	conducive to penetration and leading to the
Ayam vuccati, byagghapajja,	destruction of all suffering. That,
paññāsampadā.	Byagghapajja, is what is called
	accomplishment in pañña.
Ime kho, byagghapajja, cattāro	These are the four qualities,
dhammā kulaputtassa samparāyahitāya	Byagghapajja, that if developed by a clansman
saṃvattanti samparāyasukhāyā''ti.	lead to welfare in the next life and lead to
	happiness in the next life.