

Exploring the Ancient Path in the Buddha's Own Words

Lesson 3.6.0



Dhammadukkha

“Gahaṭṭhavattam pana vo vadāmi, yathākaro sāvako sādhu hoti;
Na hesa labbhā sapariggahena, phassetum yo kevalo bhikkhudhammo.

Pāṇam na hane na ca ghātayeyya, na cānujaññā hanatam paresam;
Sabbesu bhūtesu nidhāya dañḍam, ye thāvarā ye ca tasā santi loke.

Tato adinnam parivajjayeyya, kiñci kvaci sāvako bujjhamāno;
Na hāraye haratam nānujaññā, sabbam adinnam parivajjayeyya.

Abrahmacariyam parivajjayeyya, aṅgārakāsum¹ jalitamva viññū;
Asambhuṇanto pana brahmacariyam, parassa dāram na atikkameyya.

Sabhaggato vā parisaggato vā, ekassa veko na musā bhaṇeyya;
Na bhāṇaye bhaṇatam nānujaññā, sabbam abhūtam parivajjayeyya.

Majjañca pāṇam na samācareyya, dhammañ imam rocaye yo gahaṭho;
Na pāyaye pivatam nānujaññā, ummādanantam iti nam viditvā.

Madā hi pāpāni karonti bālā, kārenti caññepi jane pamatte;
Etam apuññāyatanañ vivajjaye, ummādanam mohanam bālakantam.

Pāṇam na hane na cādinnamādiye, musā na bhāse na ca majjapo siyā;
Abrahmacariyā virameyya methunā, rattim na bhuñjeyya vikālabhojanam.

Mālam na dhāre na ca gandhamācare, mañce chamāyam va sayetha santhate;
Etañhi aṭṭhaṅgikamāhuposatham, buddhena dukkhantagunā pakāsitañ.

Tato ca pakkhassupavassuposatham, cātuddasim pañcadasiñca aṭṭhamim;
Pāṭīhāriyapakkhañca² pasannamānaso, aṭṭhaṅgupetam susamattarūpam.

¹ See the simile in lesson 3.5.7 – quoted in the introduction

² pāṭīhāriyapakkhañca: pāṭīhāriya + pakkham + ca: special festival (of the moon): observing the uposatha for 3 months continuously, of fro at least one months during the rainy season

Tato ca pāto upavutthuposatho, annena pānena ca bhikkhusaṅgham;
Pasannacitto anumodamāno, yathāraham saṃvibhajetha viññū.

Dhammadena mātāpitaro bhareyya, payojaye dhammadikam so vanijjam;
Etam gihī vattayamappamatto, sayampabhe nāma upeti deve”ti.

Khuddakanikāye, Suttanipātapāli, Cūlavaggo, Dhammadikasuttam

aṅgārakāsu	aṅgāra + kāsu	charcoal + pit
apuññāyatanaṁ	a + puñña + āyatanaṁ	not + merit + sphere, occasion
asambhuñanto	a + sambhuñcati (prp.)	not eating with
atikkameyya	atikkamati (opt.)	transgress, surpass
atṭhaṅgikamāhuposatham	atṭhaṅgika + māha + uposatham	eightfold + great + observances
bhāṇaye	bhāṇati (caus. opt.)	cause to speak
cānujaññā	ca + anujānāti (3. sg. pr. opt.)	and + permit, approve, consent to
cātuḍdasī pañcasātī atṭhamī ca pakkhassa		8 th , 14 th , and 15 th . day of the
fortnight		
chamāyam	(loc.)	on the earth, on the ground
gahatthavattam	gahaṭṭha + vattati (pp.)	layperson + made: practice, duty
gandhamācare	gandham + ācare	perfume + performing, wearing
ghātayeyya	ghāteti (caus. opt.)	cause to kill
gihī		householder
hāraye	hāraye (caus. opt.)	cause to take
nānujaññā	na + anujānāti (3. sg. pr. opt.)	not + permit, approve, consent to
pakkhassupavassuposatham	pakkhassa + upavassa + uposatham	forthnight + approach of the rainy
season + observance		
parivajjayeyya	pari + vajjayeyya (opt.)	should avoid, shun
pāto/ pātar		early (morning)
payojaye		engaged in
rocaye	rocati (opt.)	please, find pleasure in
samvibhajetha	saṃvibhajati (opt. pl.)	divide, share
santhate	santharati (pp.)	spred, covered
sapariggahena	sa + pariggahena	with + belongings, (married)
susamattarūpam	su + samatta + rūpam	well + accomplished + suitable,
proper		
ummādana	(f.)	maddening, mental aberration
upavutthuposatho	upavasati (pp.) + uposatho	having followed the uposatho
vattayamappamatto	vatta + yam + appamatto	practise + this + diligently
vivajjaye	vivajjeti (opt.)	shun, avoid, keep away from entire,
complete		
