

## Exploring the Ancient Path in the Buddha's Own Words

### Lesson 3.4.13 Udāyīsuttam How Dhamma Should be Taught!



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Udāyīsuttam	How Dhamma Should be Taught!
Evam me sutam:	Thus has been heard by me:
Ekam samayam bhagavā kosambiyam viharati ghositārāme.	At one time the Buddha was staying near Kosambi, in Ghosita's park.
Tena kho pana samayena āyasmā udāyī mahatiyā gihiparisāya parivuto dhammam desento nisinno hoti.	At this time the Venerable Udāyī was sitting, surrounded by a large assembly of householders and teaching Dhamma to them.
Addasā kho āyasmā ānando āyasmantam udāyim mahatiyā gihiparisāya parivutam dhammam desentam nisinnam.	The Venerable Ānanda saw the Venerable Udāyī sitting, surrounded by a large assembly of householders and teaching Dhamma to them.
Disvā yena bhagavā tenupasaṅkami; upasaṅkamitvā bhagavantam abhivādetvā ekamantam nisīdi.	Having seen this, the Venerable Ānanda approached the Bhagavā, having approached the Bhagavā he sat down at one side.
Ekamantam nisinno kho āyasmā ānando bhagavantam etadavoca:	Having sat at one side the Venerable Ānanda addressed the Bhagavā thus:
“Āyasmā, bhante, udāyī mahatiyā gihiparisāya parivuto dhammam deseti”ti.	“Bhante, the Venerable Udāyī is surrounded by a large assembly of householders and teaching Dhamma to them.”
“Na kho, ānanda, sukaram paresam dhammam desetum.	“It is, Ānanda, not easy to teach Dhamma to others.
Paresam, ānanda, dhammam desentena pañca dhamme aijhattam upaṭṭhāpetvā paresam dhammo desetabbo. Katame pañca?	Teaching Dhamma to others, Ānanda, requires five qualities to arise within him while he is teaching Dhamma. What are these five?
Anupubbim katham kathessāmī’ti paresam dhammo desetabbo;	Dhamma should be taught to others with the thought: “I shall say what I want to say in

	progressive order.”
‘pariyāyadassāvī katham kathessāmī’ti paresam dhammo desetabbo;	Dhamma should be taught to others with the thought: “I shall say what I want to say with expositions.”
‘anuddayataṁ paṭicca katham kathessāmī’ti paresam dhammo desetabbo;	Dhamma should be taught to others with the thought: “I shall say what I want to say out of compassion.”
‘na āmisantaro katham kathessāmī’ti paresam dhammo desetabbo;	Dhamma should be taught to others with the thought: “I shall say what I want to say with no interest for any gain.”
‘attānañca parañca anupahacca katham kathessāmī’ti paresam dhammo desetabbo.	Dhamma should be taught to others with the thought: “I shall say what I want to say without hurting myself or any others.”
Na kho, ānanda, sukaram paresam dhammad desetum.	It is, Ānanda, not easy to teach Dhamma to others.
Paresam, ānanda, dhammad desentena ime pañca dhamme ajjhattam upatthāpetvā paresam dhammo desetabbo”ti.	Teaching Dhamma to others, Ānanda, requires these five qualities to arise within him while he is teaching Dhamma.