

## Exploring the Ancient Path in the Buddha's Own Words

### Lesson 3.4.5

### Upālisuttam—1

### How to Conduct Oneself Correctly in Right Speech



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Upālisuttam—1	How to Conduct Oneself Correctly in Right Speech
....Musāvādam pahāya musāvādā paṭivirato hoti saccavādī saccasandho theto paccayiko avisamvādako lokassa.	.... “Abandoning wrong speech he abstains from wrong speech, he speaks the truth, holds up the truth, is trustworthy, reliable, not deceiving this world.
Pisuṇam vācam pahāya pisuṇāya vācāya paṭivirato hoti	Abandoning malicious speech he abstains from malicious speech,
ito sutvā na amutra akkhātā imesaṃ bhedāya, amutra vā sutvā na imesaṃ akkhātā amūsaṃ bhedāya.	having heard something here he does not spread it elsewhere in order to divide these people. Having heard something there he does not spread this in order not to cause dissension amongst those people.
Iti bhinnānaṃ vā sandhātā sahitānaṃ vā anuppadātā.	Thus he reconciles those who have broken up and supports those who are united.
Samaggārāmo samaggarato samagganandī; samaggakaraṇiṃ vācam bhāsītā hoti.	He loves and finds pleasure in concord, delights in harmony and utters words that generate harmony.
Pharusam vācam pahāya pharusāya vācāya paṭivirato hoti.	Abandoning abusive speech he abstains from abusive speech.
Yā sā vācā nelā kaṇṇasukhā pemaṇīyā hadayaṅgamā porī bahujanakantā bahujanamanāpā, tathārūpiṃ vācam bhāsītā hoti.	Whatever speech is polite, is soothing to the ear, is affectionate and moves the heart, is appealing to many and pleasing many, such speech he utters.
Samphappalāpaṃ pahāya samphappalāpā paṭivirato hoti	Abandoning useless talk and gossip he abstains from useless talk and gossip.

<p>kālavādī bhūtavādī atthavādī dhammavādī vinayavādī, nidhānavatiṃ vācaṃ bhāsītā hoti kālena sāpadesaṃ pariyantavatiṃ atthasaṃhitam.....</p>	<p>He speaks at the right time about facts, what is in accordance with the goal, with Dhamma and the Vinaya. He speaks words worth treasuring, at the proper time, reasonable, full of purpose, leading to the goal....</p>
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