

aṭṭīyitvā/
aṭṭīyitvā

worried

atītamaddhānaṃ

in the past +
time

attabyābādhāyapi

oneself + pain,
evil, misery + also

addasā

he saw

anāgatamaddhānaṃ

in the future +
time

anupadajjeyyāsi

support,
encourage

ahorattānusikkhī

day + night +
following the
training

ādāso

mirror

āpajjitabbaṃ

should be
undertaken,
produced

āyatimaṃ

future

āsana

seat

uttānīkatvā

having made
open, confessed

udakañca

water + and

ubhayabyābādhāyapi

both sides + pain,
evil, misery +
also

etarahi

now, at present

kattabbaṃ

should be done

kattukāmo

to do +
desirious

katvāpi

having done +
also

karaṇīyaṃ

what ought to
be done

karontenapi

and doing

jigucchitvā

disgusted

disvāna

having seen

dukkhavipākan

misery + result

dukkhudrayaṃ

misery +
yielding

dūratova

from afar

desetabbaṃ

should be
taught

desetvā

having taught

nisajja

having sat
down

nisīdi

sat down

pakkhālesi

to wash,
cleanse

paccavekkhaṇattho

looking at +
purpose

paccavekkhitvā

having
considered,
contemplated

paṭisallānā

seclusion

paṭisaṃhareyyāsi

should withdraw,
remove

parabyābādhāyapi

others + pain,
evil, misery

parisodhesuṃ

to clean, purify

paññatte

having made
known, assigned

paññāpesi

to make known,
declare, assign

pādānaṃ

for the feet

pītipāmojjena

joy + gladness

vivaritvā

having
uncovered

vuṭṭhito

arising from

sasakkaṃ

certainly,
surely

saṃvaramṃ

restraint

sāyanhasamayaṃ

evening + time

harāyitvā

ashamed