

Exploring the ancient path in the Buddha's own words -- Lesson 3.3.3

Vitakkasuttaṃ

“Mā, bhikkhave, pāpake akusale vitakke vitakkeyyātha, seyyathidaṃ–
kānavitakkam, byāpādavitakkam, vihiṃsāvitakkam. Taṃ kissa hetu? Nete, bhikkhave,
vitakkā atthasaṃhitā nāḍibrahmacariyakā na nibbidāya na virāgāya na nirodhāya na
upasaṃyāya na abhiññāya na sambodhāya na nibbānāya saṃvattanti.

Vitakkentā ca kho tumhe, bhikkhave, ‘idaṃ dukkhan’ti vitakkeyyātha, ‘ayaṃ
dukkhasamudayo’ti vitakkeyyātha, ‘ayaṃ dukkhanirodho’ti vitakkeyyātha, ‘ayaṃ
dukkhanirodhagāminī paṭipadā’ti vitakkeyyātha. Taṃ kissa hetu? Ete, bhikkhave, vitakkā
atthasaṃhitā ete āḍibrahmacariyakā ete nibbidāya virāgāya nirodhāya upasaṃyāya
abhiññāya sambodhāya nibbānāya saṃvattanti.

Tasmātiha, bhikkhave, ‘idaṃ dukkhan’ti yogo karaṇīyo ...pe... ‘ayaṃ
dukkhanirodhagāminī paṭipadā’ti yogo karaṇīyo”ti.

Saṃyuttanikāyo, Māhāvaggo, Saccasaṃyuttaṃ, Samādhivaggo

nete
vitakkentā
vitakkeyyātha
kānavitakkam

na + ete (pl.)
pr.p.
opt.
kāma + vitakkam

not + these
by thinking
you should think
sense desire + thoughts
