



## Exploring the ancient path in the Buddha's own words -- Lesson 3.3.0

### **sammāsañkappo—right thoughts**

Manopubbaṅgamā dhammā, manoseṭṭhā manomayā;

manasā ce paduṭṭhena, bhāsatī vā karoti vā;

tato naṁ dukkhamanveti, cakkamva vahato padam.

Manopubbaṅgamā dhammā, manoseṭṭhā manomayā;

manasā ce pasannena, bhāsatī vā karoti vā;

tato naṁ sukhamanveti, chāyāva anapāyinī

****Khuddakanikāye, Dhammapadapāli, Yamakavaggo****

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anapāyinī  
cakkamva  
chāyāva  
dukkhamanveti  
manomayā  
manopubbaṅgamā  
manoseṭṭhā  
paduṭṭhena  
pasannena  
sukhamanveti  
vahato

an + apāyin + ī (f.)  
cakkam + va  
chāyā(f.) + va  
dukkha + m + anveti  
mano + mayā  
mano + pubbaṅgamā  
mano + seṭṭhā  
paduṭṭha (p.p. + instr.)  
pasanna (p.p. + instr.)  
sukham + anveti

not + going away  
wheel + like  
shadow + like  
suffering + follow  
mind + made  
mind + forrunner  
mind + highest  
impure, corrupt, spoilt  
purified, pure, healthy  
happiness + follow  
carrier, draught animal

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