

## Exploring the ancient path in the Buddha's own words -- Lesson 3.2.8

### Girimānandasuttaṃ- 1

“Katamā cānanda, aniccasaññā? Idhānanda, bhikkhu araññagato vā rukkhamūlagato vā suññāgāragato vā iti paṭisañcikkhati– ‘rūpaṃ aniccaṃ, vedanā aniccā, saññā aniccā, sañkhārā aniccā, viññāṇaṃ aniccaṃ’ti. Iti imesu pañcasu upādānakkhandhesu aniccānupassī viharati. Ayaṃ vuccatānanda, aniccasaññā.

Katamā cānanda, anattasaññā? Idhānanda, bhikkhu araññagato vā rukkhamūlagato vā suññāgāragato vā iti paṭisañcikkhati – ‘cakkhu anattā, rūpā anattā, sotaṃ anattā, saddā anattā, ghānaṃ anattā, gandhā anattā, jivhā anattā, rasā anattā, kāyā anattā, phoṭṭhabbā anattā, mano anattā, dhammā anattā’ti. Iti imesu chasu ajjhattikabāhiresu āyatanesu anattānupassī viharati. Ayaṃ vuccatānanda, anattasaññā.....”

#### *Aṅguttaranikāyo, Dasakanipātapāḷi, Sacittavaggo*

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ajjhattikabāhiresu āyatana	ajjhattika + bāhiresu	internal + external sense organs (internal) and their respective objects (external)
gandhā ghāna jivhā paṭisañcikkhati sota vuccatānanda	paṭi+ saṃ + cikkhati  vuccati ( pass. of vatti) + ānanda	smell, odour nose tongue to think over, consider ear is called + Ānanda

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