

## **Exploring the Ancient Path in the Buddha's Own Words**

## Lesson 3.2.3 Dhammacakkappavattanasuttam-2 The Four Noble Truths Have to Be Fully Realized



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| Dhammacakkappavattanasuttam-2   | The Four Noble Truths Have to Be Fully Realized  |
| "Idam kho pana, bhikkhave, dukkham ariyasaccam.                               | "This, O' Bhikkhus, is the Noble Truth of Suffering.   |
| Jātipi dukkhā, jarāpi dukkhā, byādhipi dukkho,<br>maraṇampi dukkhaṃ,          | Birth is suffering, old age is suffering, sickness is suffering, death is suffering,   |
| Appiyehi sampayogo dukkho, piyehi vippayogo dukkho,                           | The association with something that one does not like is suffering, the disassociation with something that one does like is suffering,             |
| Yampiccham na labhati tampi dukkham, samkhittena pañcupādānakkhandhā dukkhā.  | not to get what one desires is suffering, in short, the attachment towards the five aggregates is suffering.                                       |
| Idam kho pana, bhikkhave, dukkhasamudayam ariyasaccam?                        | And this, O' Bhikkhus, is the Noble Truth of the Arising of Suffering?   |
| Yāyam tanhā ponobbhavikā nandirāgasahagatā tatratatrābhinandinī, seyyathidam. | It is this craving that occurs again and again and is connected with pleasure and lust and finds delight now here, now there.                      |
| Kāmataṇhā, bhavataṇhā, vibhavataṇhā.  | That is, the craving for sensual pleasures, the craving for repeated rebirth and the craving for annihilation.                                     |
| Idam kho pana, bhikkhave, dukkhanirodham ariyasaccam.                         | And this, O' Bhikkhus, is the Noble Truth of the Cessation of Suffering.   |
| Yo tassāyeva taṇhāya asesavirāganirodho cāgo paṭinissaggo mutti anālayo.      | It is the complete fading away and cessation of this very craving, forsaking it and giving it up; the liberation from it, leaving no place for it. |



| Idam kho pana, bhikkhave, dukkhanirodhagāminī paṭipadā ariyasaccam.   | And this, O' Bhikkhus, is the Noble Truth of the Path Leading to the Cessation of Suffering.   |
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| ayameva ariyo aṭṭhaṅgiko maggo, seyyathidaṃ, sammādiṭṭhipe sammāsamādhi.  | It is this, the Noble Eightfold Path, namely: right understanding, right thought, right speech, right action, right livelihood, right effort, right awareness and right concentration. |
| Idam dukkham ariyasaccan'ti me, bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi. | 'This Noble Truth of suffering!' was, O' Bhikkhus, unheard of by me before and here the vision arose, knowledge arose, insight arose, wisdom arose, light arose.                       |
| 'Tam kho panidam dukkham ariyasaccam pariññeyyan'ti   | 'This Noble Truth of suffering should be completely understood!'   |
| me, bhikkhave, pubbepeudapādi.  | this was, O' Bhikkhus, unheard by me before amongst the truths and here the vision arose, knowledge arose, insight arose, wisdom arose, light arose.                                   |
| 'Tam kho panidam dukkham ariyasaccam pariññātan'ti  | 'This Noble Truth of suffering has been completely comprehended!'  |
| me, bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.                             | this was, O' Bhikkhus, unheard by me before amongst the truths and here the vision arose, knowledge arose, insight arose, wisdom arose, light arose.                                   |
| Idam dukkhasamudayam ariyasaccan'ti   | 'This is the Noble Truth of the Arising of Suffering!'   |
| me, bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.                             | this was, O' Bhikkhus, unheard by me before amongst the truths, and here the vision arose, knowledge arose, insight arose, wisdom arose, light arose.                                  |
| 'Tam kho panidam dukkhasamudayam ariyasaccam pahātabban'ti  | 'This Noble Truth of the Arising of Suffering should be left behind!'  |
| me, bhikkhave, pubbepe udapādi.   | which was, O' Bhikkhus, unheard by me before amongst the truths and here the vision arose, knowledge arose, insight arose, wisdom arose, light arose.                                  |
| 'Tam kho panidam dukkhasamudayam ariyasaccam pahīnan'ti me,   | 'This Noble Truth of the Arising of Suffering is left behind!'   |



| bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.   | amongst the doctrines and here the vision arose, knowledge arose, insight arose, wisdom arose, light arose.  |
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| Idam dukkhanirodham ariyasaccan'ti  | which was, O' Bhikkhus, unheard by me before 'This is the Noble Truth of the Cessation of Suffering!'  |
| me, bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.   | which was, O' Bhikkhus, unheard by me before amongst the doctrines, and here the vision arose, knowledge arose, insight arose, wisdom arose, light arose.  |
| 'Tam kho panidam dukkhanirodham ariyasaccam sacchikātabban'ti me, bhikkhave, pubbepe udapādi.   | 'This Noble Truth of the Cessation of Suffering should be realised!' which was, O' Bhikkhus, unheard by me before amongst the doctrines and here the vision arose, knowledge arose, insight arose, wisdom arose, light arose.  |
| 'Taṃ kho panidaṃ dukkhanirodhaṃ ariyasaccaṃ sacchikatan'ti me, bhikkhave, pubbe ananussutesu dhammesu cakkhuṃ udapādi, ñāṇaṃ udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.            | This Noble Truth of the Cessation of Suffering is realised!' which was, O' Bhikkhus, unheard by me before amongst the doctrines and here the vision arose, knowledge arose, insight arose, wisdom arose, light arose.'   |
| Idam dukkhanirodhagāminī paṭipadā ariyasaccan'ti me, bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi.                      | 'This is the Noble Truth of the Path Leading to<br>the Cessation of Suffering!' which was, O'<br>Bhikkhus, unheard by me before amongst the<br>doctrines, and here the eyesight arose,<br>knowledge arose, vision arose, wisdom arose,<br>light arose                    |
| Tam kho panidam dukkhanirodhagāminī paṭipadā ariyasaccam bhāvetabban'ti me, bhikkhave, pubbepe udapādi.   | 'This is the Noble Truth of the Path Leading to<br>the Cessation of Suffering must be developed!'<br>which was, O' Bhikkhus, unheard by me before<br>amongst the doctrines and here the vision arose,<br>knowledge arose, insight arose, wisdom arose,<br>light arose.   |
| 'Tam kho panidam dukkhanirodhagāminī paṭipadā ariyasaccam bhāvitan'ti me, bhikkhave, pubbe ananussutesu dhammesu cakkhum udapādi, ñāṇam udapādi, paññā udapādi, vijjā udapādi, āloko udapādi. | 'This is the Noble Truth of the Path Leading to<br>the Cessation of Suffering has been developed!'<br>'which was, O' Bhikkhus, unheard by me<br>before amongst the doctrines and here the<br>vision arose, knowledge arose, insight arose,<br>wisdom arose, light arose. |
| Yāvakīvañca me, bhikkhave, imesu catūsu ariyasaccesu evam tiparivaṭṭam dvādasākāram   | As long as these four Noble Truths, O'<br>Bhikkhus, have not been realised in this very  |



| yathābhūtam ñāṇadassanam na suvisuddham ahosi,  neva tāvāham, bhikkhave sadevake loke samārake sabrahmake sassamaṇabrāhmaṇiyā pajāya                     | way as they really are complete in their three successions making them twelvefold, real clear insight was not fully pure, and that long, O' Bhikkhus, I did not declare in this world with all its devas, its māras, its |
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| sadevamanussāya 'anuttaram sammāsambodhim abhisambuddho'ti paccaññāsim.  | brahmas its recluses and Brahmins, together with the devas and human beings myself an unsurpassed fully Enlightened One.   |
| Yato ca kho me, bhikkhave, imesu catūsu ariyasaccesu evam tiparivaṭṭam dvādasākāram yathābhūtam ñāṇadassanam suvisuddham ahosi,                          | But as these four Noble Truths, O' Bhikkhus, have been realised thus as they really are in their three successions making them twelvefold, real clear insight became completely pure,                                    |
| athāham, bhikkhave, sadevake loke samārake sabrahmake sassamanabrāhmaniyā pajāya sadevamanussāya 'anuttaram sammāsambodhim abhisambuddho'ti paccaññāsim. | and then, O' Bhikkhus, I did declare in this world with all its devas, its māras, its brahmas its recluses and Brahmins, together with the devas and human beings, myself an unsurpassed fully Enlightened One.          |
| Ñāṇañca pana me dassanam udapādi— 'akuppā me vimutti , ayamantimā jāti, natthidāni punabbhavo'''ti.  | There and then complete insight arose in me: 'My liberation cannot be shaken, this is my last birth, there is no more future becoming!'"   |
| Idamavoca bhagavā. Attamanā pañcavaggiyā bhikkhū bhagavato bhāsitam abhinandunti.  | Thus spoke the Bhagavā. Delighted by these words of the Bhagavā the five Bhikkhus approved.  |
| Imasmiñca pana veyyākaraṇasmiṃ bhaññamāne<br>āyasmato koṇḍaññassa virajaṃ  | At that very moment, when this has been laid out, within the Venerable Kondañña the  |
| vītamalam dhammacakkhum udapādi—   | Dhamma-eye, free from any stain, free from any dirt arose:   |
| "yam kiñci samudayadhammam, sabbam tam   | 'Whatever has the nature of arising has the nature of extinction!'   |