

Exploring the Ancient Path in the Buddha's Own Words

Lesson 1.4.6 Ānāpānassatisuttam Free from Prattle and Chatter is this Assembly



Ānāpānassatisuttaņ	Free from Prattle and Chatter is this Assembly
Evam me sutam– ekam samayam bhagavā	Thus has been heard by me. At on one
sāvatthiyam viharati pubbārāme migāramātupāsāde	occasion the Blessed One was staying at Savatthi in
sambahulehi abhiññātehi abhiññātehi therehi	the Eastern Monastery, the palace of Migara's
sāvakehi saddhim- āyasmatā ca sāriputtena āyasmatā	mother, together with many well-known elder
ca mahāmoggallānena āyasmatā ca mahākassapena	disciples — with Venerable Sariputta, Venerable
āyasmatā ca mahākaccāyanena āyasmatā ca	Mahā Moggallana, Venerable Mahā Kassapa,
mahākotthikena āyasmatā ca mahākappinena	Venerable Mahā Kaccana, Venerable Mahā Kotthita,
āyasmatā ca mahācundena āyasmatā ca anuruddhena	Venerable Mahā Kappina, Venerable Mahā Cunda,
āyasmatā ca revatena āyasmatā ca ānandena, aññehi	Venerable Revata, Venerable Ananda, and other
ca abhiññātehi abhiññātehi therehi sāvakehi saddhim.	renowned elder disciples.
Tena kho pana samayena therā bhikkhū nave	On that occasion the elder Bhikkhus were
bhikkhū ovadanti anusāsanti. Appekacce therā	teaching and instructing newly ordained disciples.
bhikkhū dasapi bhikkhū ovadanti anusāsanti,	Some elder Bhikkhus were teaching and instructing
appekacce therā bhikkhū vīsampi bhikkhū ovadanti	ten Bhikkhus, some were teaching and instructing
anusāsanti, appekacce therā bhikkhū timsampi	twenty Bhikkhus, some were teaching and instructing
bhikkhū ovadanti anusāsanti, appekacce therā	thirty Bhikkhus, some were teaching and instructing
bhikkhū cattārīsampi bhikkhū ovadanti anusāsanti. Te	forty Bhikkhus. The new Bhikkhus, on being taught
ca navā bhikkhū therehi bhikkhūhi ovadiyamānā	and instructed thus by the elder Bhikkhus, came to
anusāsiyamānā uļāram pubbenāparam visesam	achieve something superior than what they knew
jānanti.	before.
Tena kho pana samayena bhagavā	At that time the Bhagavā sat down under



tadahuposathe pannarase pavāraņāya puņņāya	open sky at the Uposatha-day of the 15 th , the full
puņņamāya rattiyā bhikkhusanghaparivuto abbhokāse	moon night of the Pavāraņā meeting. Having
nisinno hoti. Atha kho bhagavā tuņhībhūtam	surveyed the silent and quiet Bhikkhusangha he
tuņhībhūtam bhikkhusangham anuviloketvā bhikkhū	addressed them thus:
āmantesi–	
"āraddhosmi, bhikkhave, imāya paṭipadāya;	"Bhikkhus, I am content with this progress.
āraddhacittosmi, bhikkhave, imāya paṭipadāya.	My mind is pleased with this progress. From this day
Tasmātiha, bhikkhave, bhiyyosomattāya vīriyam	onwards, Bhikkhus, put forward all your efforts to
ārabhatha appattassa pattiyā, anadhigatassa	attain what has not been attained, to achieve what has
adhigamāya asacchikatassa sacchikiriyāya.	not been achieved, to realize what has not been
Idhevāham sāvatthiyam komudim cātumāsinim	realized. I will wait here at Sāvatthi for the Komudi
āgamessāmī"ti.	full moon of the fourth month."
Assosum kho jānapadā bhikkhū– "bhagavā	Those Bhikkhus who lived in the country
kira tattheva sāvatthiyam komudim cātumāsinim	heard: "The Bhagavā will wait at Sāvatthi for the
āgamessatī"ti.	Komudi full moon of the fourth month!" and those
Te jānapadā bhikkhū sāvatthim osaranti	Bhikkhus who lived in the country left to see the
bhagavantaṃ dassanāya.	Bhagavā at Sāvatthi.
Te ca kho therā bhikkhū bhiyyosomattāya	The elder Bhikkhus did their utmost to teach
nave bhikkhū ovadanti anusāsanti. Appekacce therā	and instruct the newly ordained disciples. Some elder
bhikkhū dasapi bhikkhū ovadanti anusāsanti,	Bhikkhus were teaching and instructing ten
appekacce therā bhikkhū vīsampi bhikkhū ovadanti	Bhikkhus, some were teaching and instructing twenty
anusāsanti appekacce therā bhikkhū timsampi	Bhikkhus, some were teaching and instructing thirty
bhikkhū ovadanti anusāsanti, appekacce therā	Bhikkhus; some were teaching and instructing forty
bhikkhū cattārīsampi bhikkhū ovadanti anusāsanti. Te	Bhikkhus. The new Bhikkhus, on being taught and
ca navā bhikkhū therehi bhikkhūhi ovadiyamānā	instructed thus by the elder Bhikkhus, came to
anusāsiyamānā uļāram pubbenāparam visesam	achieve something superior than what they knew
jānanti.	before.
Tena kho pana samayena bhagavā	At that time the Bhagavā sat down under
tadahuposathe pannarase komudiyā cātumāsiniyā	open sky at the Uposatha-day in the full moon night
puņņāya puņņamāya rattiyā bhikkhusanghaparivuto	ending the four-month's rain retreat surrounded by
abbhokāse nisinno hoti.	the Bhikkhusangha.
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Athe like hissonia toutabaten toutabate	Horing automatic start and start
Atha kho bhagavā tuņhībhūtam tuņhībhūtam	Having surveyed the silent and quiet
bhikkhusangham anuviloketvā bhikkhū āmantesi:	Bhikkhusangha he addressed the Bhikkhus thus:
"Apalāpāyam, bhikkhave, parisā;	"Free from prattle, O' Bhikkhus, is this
nippalāpāyam, bhikkhave, parisā; suddhā sāre	assembly, free from chatter, O' Bhikkhus, is this
patițțhitā.	assembly, pure and established in essence.
Tathārūpo ayam, bhikkhave, bhikkhusangho;	Such is this Bhikkhusangha, O' Bhikkhus,
tathārūpā ayam, bhikkhave, parisā yathārūpā parisā	of such nature is, O' Bhikkhus, this assembly, that it
āhuneyyā pāhuneyyā dakkhiņeyyā añjalikaraņīyā	is truly an assembly that is worthy of offerings,
anuttaram puññakkhettam lokassa.	worthy of hospitality, worthy of gifts, and well worth
	to be addressed with folded hands, an endless field of
	merit in this world.
Tathārūpo ayam, bhikkhave, bhikkhusangho;	Such is this Bhikkhusangha, O' Bhikkhus,
tathārūpā ayam, bhikkhave, parisā yathārūpāya	of such nature is, O' Bhikkhus, this assembly, that a
parisāya appam dinnam bahu hoti, bahu dinnam	little gift given to this assembly leads to great result,
bahutaram.	and a greater gift to even greater result.
Tathārūpo ayam, bhikkhave, bhikkhusangho;	Such is this Bhikkhusangha, O' Bhikkhus,
tathārūpā ayam, bhikkhave, parisā yathārūpā parisā	of such nature is it, O' Bhikkhus, that an assembly
dullabhā dassanāya lokassa.	like this is rare to be seen in this world.
Tathārūpo ayam, bhikkhave, bhikkhusangho;	Such is this Bhikkhusangha, O' Bhikkhus,
tathārūpā ayam, bhikkhave, parisā yathārūpam	of such nature is, O' Bhikkhus, this assembly, that to
parisam alam yojanagananāni dassanāya gantum	be able to see an assembly like this it is surely
puțosenāpi.	worthwhile to walk with a provision bag even for a
	number of yojanas.
Santi, bhikkhave, bhikkhū imasmiņ	There are, O' Bhikkhus, Bhikkhus in this
bhikhusanghe arahanto khīņāsavā vusitavanto	Bhikkhusangha, who are Arahants, completely freed
katakaraņīyā ohitabhārā anuppattasadatthā	from any defilements, who have reached perfection
kaakaraanya omaonara anappanasauanna	
	and done what ought to be done, laid down the
	burden and reached their goal,
parikkhīņabhavasaṃyojanā	who have destroyed the fetters binding them



sammadaññāvimuttā—evarūpāpi, bhikkhave, santi bhikkhū imasmim bhikkhusanghe. Santi, bhikkhave, bhikkhū imasmim bhikkhusanghe pañcannam orambhāgiyānam samyojanānam parikkhayā opapātikā tattha parinibbāyino anāvattidhammā tasmā lokā— evarūpāpi, bhikkhave, santi bhikkhū imasmim bhikkhusanghe.	to existence and are completely liberated by their own final knowledge—of such nature there are, O' Bhikkhus, Bhikkhus in this Bhikkhusaṅgha. There are also, O' Bhikkhus, Bhikkhus in this Bhikkhusaṅgha, who have completely destroyed the five lower fetters with one spontaneous rebirth left, where they will realise full liberation and are unlikely to return to this world—of such nature there are Bhikkhus, O' Bhikkhus, in this Bhikkhusaṅgha.
Santi, bhikkhave, bhikkhū imasmim bhikkhusanghe tinnam samyojanānam parikkhayā rāgadosamohānam tanuttā sakadāgāmino sakideva imam lokam āgantvā dukkhassantam karissanti– evarūpāpi, bhikkhave, santi bhikkhū imasmim bhikkhusanghe.	There are, O' Bhikkhus, Bhikkhus in this Bhikkhusangha, who are Sakadāgāmi- having completely destroyed the three fetters and reduced craving, aversion and illusion, they will return once more to this world and make an end to suffering—of such nature there are Bhikkhus, O' Bhikkhus, in this Bhikkhusangha.
Santi, bhikkhave, bhikkhū imasmim bhikkhusanghe tinnam samyojanānam parikkhayā sotāpannā avinipātadhammā niyatā sambodhiparāyanā— evarūpāpi, bhikkhave, santi bhikkhū imasmim bhikkhusanghe.	There are, O' Bhikkhus, Bhikkhus in this Bhikkhusangha, who are Sotāpannā having completely destroyed the three fetters they are not liable to return to the lower worlds but are assured to reach final liberation—of such nature there are Bhikkhus, O' Bhikkhus, in this Bhikkhusangha.
Santi, bhikkhave, bhikkhū imasmim bhikkhusanghe ānāpānassatibhāvanānuyogamanuyuttā viharanti. Ānāpānassati, bhikkhave, bhāvitā bahulīkatā mahapphalā hoti mahānisamsā. Ānāpānassati, bhikkhave, bhāvitā bahulīkatā cattāro satipaṭṭhāne paripūreti.	And there are, Bhikkhus, Bhikkhus in this Bhikkhusangha, who devote themselves to the practise of <i>ānāpānassati</i> . <i>Ānāpānassati</i> , Bhikkhus, when developed and fully engaged in, is of great fruit, of great benefit. With the development and full engagement of <i>ānāpānassati</i> , the four <i>satipatthānas</i> get fulfilled.
Cattāro satipatthānā bhāvitā bahulīkatā satta bojjhange paripūrenti. Satta bojjhangā bhāvitā	With the development and full engagement of the four <i>satipatthanas</i> , the seven <i>bojjhangas</i> get



bahulīkatā vijjāvimuttim paripūrenti.	fulfilled. With the development and full engagement
	of the seven bojjhangas, freedom through knowledge
	gets attained.