

## Exploring the Ancient Path in the Buddha's Own Words

### Lesson 3.8.13



#### *Dhammānupassanā āyatana-pabbam*

Puna caparam, bhikkhave, bhikkhu dhammesu dhammānupassī viharati chasu ajjhattikabāhiresu āyatanesu. Kathañca pana, bhikkhave, bhikkhu dhammesu dhammānupassī viharati chasu ajjhattikabāhiresu āyatanesu?

Idha, bhikkhave, bhikkhu cakkhuñca pajānāti, rūpe ca pajānāti, yañca tadubhayam paṭicca uppajjati samyojanam tañca pajānāti, yathā ca anuppannassa samyojanassa uppādo hoti tañca pajānāti, yathā ca uppannassa samyojanassa pahānam hoti tañca pajānāti, yathā ca pahīnassa samyojanassa āyatiṁ anuppādo hoti tañca pajānāti.

Sotañca pajānāti, sadde ca pajānāti, yañca tadubhayam paṭicca uppajjati samyojanam tañca pajānāti, yathā ca anuppannassa samyojanassa uppādo hoti tañca pajānāti, yathā ca uppannassa samyojanassa pahānam hoti tañca pajānāti, yathā ca pahīnassa samyojanassa āyatiṁ anuppādo hoti tañca pajānāti.

Ghānañca pajānāti, gandhe ca pajānāti, yañca tadubhayam paṭicca uppajjati samyojanam tañca pajānāti, yathā ca anuppannassa samyojanassa uppādo hoti tañca pajānāti, yathā ca uppannassa samyojanassa pahānam hoti tañca pajānāti, yathā ca pahīnassa samyojanassa āyatiṁ anuppādo hoti tañca pajānāti.

Jivhañca pajānāti, rase ca pajānāti, yañca tadubhayam paṭicca uppajjati samyojanam tañca pajānāti, yathā ca anuppannassa samyojanassa uppādo hoti tañca pajānāti, yathā ca uppannassa samyojanassa pahānam hoti tañca pajānāti, yathā ca pahīnassa samyojanassa āyatiṁ anuppādo hoti tañca pajānāti.

Kāyañca pajānāti, phoṭhabbe ca pajānāti, yañca tadubhayam paṭicca uppajjati samyojanam tañca pajānāti, yathā ca anuppannassa samyojanassa uppādo hoti tañca pajānāti, yathā ca uppannassa samyojanassa pahānam hoti tañca pajānāti, yathā ca pahīnassa samyojanassa āyatiṁ anuppādo hoti tañca pajānāti.

Manañca pajānāti, dhamme ca pajānāti, yañca tadubhayam pañicca uppajjati samyojanam tañca pajānāti, yathā ca anuppannassa samyojanassa uppādo hoti tañca pajānāti, yathā ca uppannassa samyojanassa pahānam hoti tañca pajānāti, yathā ca pahīnassa samyojanassa āyatim anuppādo hoti tañca pajānāti.

Iti ajjhattam vā dhammesu dhammānupassī viharati, bahiddhā vā dhammesu dhammānupassī viharati, ajjhatabahiddhā vā dhammesu dhammānupassī viharati. Samudayadhammānupassī vā dhammesu viharati, vayadhammānupassī vā dhammesu viharati, samudayavayadhammānupassī vā dhammesu viharati. ‘Atthi dhammā’ti vā panassa sati paccupatthitā hoti yāvadeva ñāñamattāya pañissatimattāya, anissito ca viharati, na ca kiñci loke upādiyati. Evampi kho, bhikkhave, bhikkhu dhammesu dhammānupassī viharati chasu ajjhattikabāhiresu āyatanesu.

### *Mahāsatipatthānasuttam, Mahāvaggapāli, Dīghanikāyo*

ajjhattikabāhiresu	ajjhattika + bāhira + esu (loc.)	inner + outer; internal + external
anuppannassa	an + uppanna (pp.) + ssa (gen.)	not + arisen
chasu	cha + esu (loc.)	six
ñāñamattāya	ñāña + mattāya	insight + measure
paccupatthitā	pp. of paccupatthahati	presented, present
pahīnassa	pp. of pajahati + assa (gen.)	eliminated, abandoned
pañissatimattāya	pañi + s + sati + mattāya	awareness + measure
samudayadhammānupassī	samudaya + dhamma+ anupassī	arising + phenomena + observing
samudayavayadhammānupassī	samudaya + vaya + dhamma +anupassī	arising + passing + phenomena +
observing		
samyojana	tad + ubhayam	bondage
tadubhayam	pp. of uppajjati	both of them
uppanna	vaya + dhamma +anupassī	born, arisen
vayadhammānupassī		passing + phenomena + observing