

Exploring the ancient path in the Buddha's own words -- Lesson 1.2.0

Dullabho—so rare

Kiccho manussapaṭilābho,
kicchaṃ maccāna jīvitam;
kicchaṃ saddhammassavanam¹,
kiccho buddhānamuppādo.

Khuddakanikāye, Dhammapadapāḷi, Buddhavaggo

buddhānamuppādo	buddha+ānam+uppādo	of the buddhas + arising, appearance
jīvitam	jīvita (pp. of jivati)+ ṃ	life, living
kiccho	adj.	with difficulty, difficult, hard
maccāna	macca+ āna	of a mortal
manussapaṭilābho	manussa+paṭi+lābho	mankind + pref. + attainment, gain
saddhammassavanam	sad+dhamma+s+savanam	good, true + dhamma + hearing, listening

¹ *saddhammassavanam*: *sa* +*d*+ *dhamma*:with true dhamma, lit.: *sant* pr.p of *atthi*—to be, existing,—by the sandhi rules it develops into: *sant* –*sat* –*sad* + *d*+ *dhamma* (the true, ‘existing’ Dhamma). The term *saddhamma* can also be derived from *saddhā* and *dhamma* and contains the following seven *saddhammas*: *saddha*—faith, *sati*—awareness, *hiri*—sense of shame, *otthappa*—moral sense of guilt, *bahusacca*—ample learning, *vīriya*—diligence and *paññā*—wisdom. A person who desires to develop deeper in meditation should perfectly accomplish these seven *saddhammas* together with *sīla* and *bhojhanamattaññutā*—moderation in eating, *jāgariyanuyoga*—wakefulness and *indriyasaṃvara*- guarding the sense doors.