

## Exploring the Ancient Path in the Buddha's Own Words

## Lesson 1.4.5 Cūļagosiṅgasuttaṃ Like Milk and Water Dwelling in Harmony



## **Play Audio**

Cūļagosingasuttam	Like Milk and Water Dwelling in Harmony
"Kacci vo, anuruddhā, khamanīyam, kacci yāpanīyam, kacci piņdakena na kilamathā"ti?	"I hope you are getting along well Anuruddhā, feeling comfortable and not exhausting yourself in getting alms food!"
"Khamanīyam, bhagavā, yāpanīyam,	"We are getting along well, Bhante. We are
bhagavā; na ca mayam, bhante, piņḍakena	feeling comfortable, Bhante. We are not
kilamāmā"ti.	exhausting ourselves in getting alms food."
"Kacci pana vo, anuruddhā, samaggā	"And are you, Anuruddhā, in agreement, in
sammodamānā avivadamānā khīrodakībhūtā	harmony, without dispute dwelling like milk
aññamaññam piyacakkhūhi sampassantā	and water joined together and eying each
viharathā"ti?	other with sympathy in the eyes?"
"Taggha mayam, bhante, samaggā	"We are Bhante, dwelling in agreement,
sammodamānā avivadamānā khīrodakībhūtā	harmonious, without dispute like milk and
aññamaññam piyacakkhūhi sampassantā	water joined together and looking at each
viharāmā"ti.	other with sympathy in the eyes."
"Yathā katham pana tumhe, anuruddhā,	"But how are you, Anuruddhā in agreement,
samaggā sammodamānā avivadamānā	in harmony, without dispute dwelling like
khīrodakībhūtā aññamaññam piyacakkhūhi	milk and water joined together eying each
sampassantā viharathā"ti?	other with sympathy in the eyes?"
"Idha mayham, bhante, evam hoti:	"Here Bhante, it is thus for us:
'lābhā vata me, suladdham vata me, yoham	'It is a true possession for me; it is a great
evarūpehi sabrahmacārīhi saddhim	gain for me to be living the holy life
viharāmī'ti.	together with companions like these.'
Tassa mayham, bhante, imesu āyasmantesu	Thus, Bhante we always convey metta in

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mettam kāyakammam paccupaţţhitam āvi ceva raho ca;	our body towards these Venerable Ones, whether open or privately.
mettam vacīkammam paccupaţţhitam āvi ceva raho ca; mettam manokammam paccupaţţhitam āvi ceva raho ca.	We convey metta in speech, open and privately towards these and also perform metta in mind towards these, open and in private.
Tassa mayham, bhante, evam hoti–	It is thus to us Bhante:
'yamnūnāham sakam cittam nikkhipitvā	'I put aside whatever I'd like to do on
imesamyeva āyasmantānam cittassa vasena	account of what the Venerable Ones would
vatteyyan'ti.	like to do.'
So kho aham, bhante, sakam cittam	And thus Bhante, having set aside what I'd
nikkhipitvā imesamyeva āyasmantānam	like to do I perform what the Venerable
cittassa vasena vattāmi.	Ones like to do.
Nānā hi kho no, bhante, kāyā ekañca pana maññe cittan"ti.	We are different in body, Bhante, but we are one in mind."
Āyasmāpi kho nandiyope āyasmāpi kho	Then the Venerable Nandiyope and
kimilo bhagavantam etadavoca-	the Venerable Kimilo spoke thus:
"mayhampi, bhante, evam hoti:	"Here Bhante, it is thus for us:
'lābhā vata me, suladdham vata me, yoham	'It is a true possession for me; it is a great
evarūpehi sabrahmacārīhi saddhim	gain for me to be living the holy life
viharāmī'ti.	together with companions like these.'
Tassa mayham, bhante, imesu āyasmantesu	Thus, Lord we always convey metta in our
mettam kāyakammam paccupatthitam āvi	body towards these Venerable Ones,
ceva raho ca;	whether open or privately.
mettam vacīkammam paccupaţţhitam āvi ceva raho ca, mettam manokammam paccupaţţhitam āvi ceva raho ca.	We convey metta in speech, open and privately towards these and also perform metta in mind towards these, open and in private.
Tassa mayham, bhante, evam hoti:	It is thus to us Bhante:
'yamnūnāham sakam cittam nikkhipitvā	'I put aside whatever I'd like to do on
imesamyeva āyasmantānam cittassa vasena	account of what the Venerable Ones would
vatteyyan'ti.	like to do.'



So kho aham, bhante, sakam cittam nikkhipitvā imesamyeva āyasmantānam cittassa vasena vattāmi.	And thus Bhante, having set aside what I'd like to do I perform what the Venerable Ones like to do.
Nānā hi kho no, bhante, kāyā ekañca pana maññe cittanti.	We are different in body, Bhante, but we are one in mind.
Evam kho mayam, bhante, samaggā sammodamānā avivadamānā khīrodakībhūtā aññamaññam piyacakkhūhi sampassantāviharāmā"ti.	In this way are we, Bhante, in agreement, in harmony, without dispute dwelling like milk and water joined together and eying each other with love in the eyes."
"Sādhu sādhu, anuruddhā!	"Very well, Anuruddhā!
Kacci pana vo, anuruddhā, appamattā ātāpino pahitattā viharathā"ti?	But are you also further without any negligence, full of zeal and of resolute will?"
"Taggha mayam, bhante, appamattā ātāpino pahitattā viharāmā"ti	"Truly we are, Bhante, without any negligence, full of zeal and of resolute will!"